

Scented Treatments

Calming diffuser blends

Ocean Waves

3 drops Lavendar
3 drops Lime
1 drop Spearmint

Calm & Uplift

3 drops Coriander
3 drops Peppermint
3 drops Balance

Staycation

3 drops doTERRA® Balance
3 drops Bergamont

Inhale & Exhale

2 drops Juniper Berry
2 drops Grapefruit
1 drop Douglas Fir

Cedar Dawn

3 drops Cedarwood
3 drops Elevation
2 drops Cinnamon

Stress Less

1 drop Vetiver
1 drop Lavender
2 drops doTERRA® Balance

Morning Meditation

2 drops Bergamont
2 drops Wild Orange
1 drop Elevation

Relax & Refresh

3 drops Lemon
2 drops Lavendar
1 drop Rosemary